

KEY SCRIPTURE & SERMON POINTS:

EPHESIANS 6:10-13

“Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.”

SERMON FOLLOW ALONG POINTS:

BE READY BECAUSE WE HAVE AN ENEMY

BE READY BECAUSE THE ATTACKS TAKE MULTIPLE FORMS

BE READY FOR 3 FORMS OF ATTACK:

DOUBT
DISCOURAGEMENT
DISTRACTION

BE READY WITH GOD'S ARMOR

Biblical Principle Definition:

A lesson from a bible passage that is timeless in its application and consistent throughout the rest of the Bible.

Find out more by checking out www.myrestore.church

DISCUSSION GUIDE:

Start Talking

- Have your thoughts about spiritual warfare and/or the devil changed throughout this series so far? If so, how?
Consider watching this short reel from Instagram Creator ReadChoi for a fun illustration of the devil tempting someone. https://www.instagram.com/reel/COXu5l_p3UC/

Start Thinking. Ask a question to get your group thinking.

- Read Ephesians 6:10-13. Use this passage as a group Bible Study exercise. What are some of the biblical principles you find in this passage? Ex. God has provided a means to combat spiritual enemies through “spiritual armor.”
- What principles from this passage give you greater clarity or confidence for spiritual warfare in your daily life? Ex. This passage reminds us that God has empowered Christians with the ability to withstand the devil.
- One of the key principles of this passage (Ephesians 6) is that we’re spiritual beings in a spiritual war against other spiritual beings. However, David referenced in his sermon over this passage that we’re living in a secular culture. Does the secular nature of the culture around you make it easier or more difficult to live out the principles of this passage? How and why?

Start Sharing. Choose a question to create openness.

- In his message, David presented three of the many attacks the devil uses against Christians: Doubt, Discouragement, and Distraction. Work through each of the three and discuss how they hinder our relationship with Jesus and our personal ministries.
- Do you have any doubts in your faith that you’ve never shared and may be growing over time as a result? What are they? See if your group can help you overcome that doubt together.
- What is the difference between the conviction of the Holy Spirit and the discouragement of the devil? What are some examples of both from your personal life?
- In Ephesians 6:10 the general principle of the text is to intentionally “be strong” or be ready for the attacks of the enemy. What are ways to be ready on a daily basis?
- What tools or tactics have you seen the devil use most effectively to distract you from God? How are you managing this well or how can you manage those distractions better?

Start Praying. Pray this prayer in your own words with your group.

Father in Heaven, we love you, praise you, and thank you for the protection you’ve given us over spiritual attacks that we’re completely unaware of. We ask for the discipline needed to live in a ready state, prepared for every spiritual battle you have prepared for us. Help us to stand strong, faithful on the days of spiritual attack, great and small. We ask this in hope that you will use us to advance your Kingdom on Earth as it is in Heaven. In Jesus’ name, amen!

Start Doing. Commit to a step and live it out this week.

- Read all of Ephesians this week. The “Armor of God” conversation is like the closing statement of Ephesians as a whole. Because of this, the best context for understanding Ephesians 6’s spiritual warfare conversation is in the context of the rest of Ephesians. After reading Ephesians re-review this passage from chapter 6 and dig deeper into today’s conversation.