

**SUCCESSFUL PEOPLE DO CONSISTENTLY
WHAT OTHER PEOPLE DO OCCASIONALLY.**

“Our habits will make us or break us. We become what we repeatedly do.” Sean Covey

*I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate.¹⁸ ... I want to do what is right, but I can't.¹⁹ I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway. ...²⁴ Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? ²⁵ Thank God! The answer is in Jesus Christ our Lord. ... **Romans 7:15, 18-19, 24-25***

THREE REASONS WE DON'T SUCCEED

WE FOCUS ON THE _____ BUT DON'T UNDERSTAND THE _____.

“You don't rise to the level of your goals, you fall to the level of your systems.” James Clear

WE DON'T SEE PROGRESS _____ ENOUGH.

- **WRONGLY CONCLUDE: SMALL GOOD DECISIONS DON'T MATTER THAT MUCH.**
- **WRONGLY CONCLUDE: SMALL BAD DECISIONS DON'T MATTER THAT MUCH.**
- **OUR LIFE IS THE SUM TOTAL OF ALL THE SMALL DECISIONS THAT WE MAKE.**
- **IT'S THE THINGS THAT NO ONE SEES THAT BRING RESULTS EVERYONE WANTS.**

*Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. **Galatians 6:9***

**OUR DISTORTED IDENTITY S _____
OUR SUCCESS.**

- **AN UNHEALTHY IDENTITY CREATES UNWISE HABITS.**
- **UNWISE HABITS REINFORCE AN UNHEALTHY IDENTITY.**

*We know that our old sinful selves were crucified with Christ so that sin might lose its power in our lives. We are no longer slaves to sin.⁷ For when we died with Christ we were set free from the power of sin. ... ¹⁸ Now you are free from your slavery to sin, and you have become slaves to righteous living. **Romans 6:6-7, 18***

- **A HEALTHY IDENTITY CREATES POSITIVE HABITS.**
- **POSITIVE HABITS REINFORCE A HEALTHY IDENTITY.**

WHO DO YOU WANT TO BECOME?

**MY ONE THING FROM GOD & FOR ME
IN THIS MESSAGE:**

**THE ONE THING I'M STILL
REMEMBERING FROM LAST WEEK?**

