

KEY SCRIPTURE:

Now on his way to Jerusalem, Jesus traveled along the border between Samaria and Galilee. As he was going into a village, ten men who had leprosy met him. They stood at a distance and called out in a loud voice, "Jesus, Master, have pity on us!" When [Jesus] saw them, he said, "Go, show yourselves to the priests." And as they went, they were cleansed. One of them, when he saw he was healed, came back, praising God in a loud voice. He threw himself at Jesus' feet and thanked him—and he was a Samaritan. Jesus asked, "Were not all ten cleansed? Where are the other nine? Has no one returned to give praise to God except this foreigner?" **Luke 17:11-18**

Every good and perfect gift is from above...
James 1:17

Better what the eye sees than the roving of the appetite.... **Ecclesiastes 6:9**

...For I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through [Christ] who gives me strength.
Philippians 4:11-13

I will praise you as long as I live, and in your name I will lift up my hands. I will be fully satisfied as with the richest of foods; with singing lips my mouth will praise you. **Psalms 63:4-5**

Let all that I am praise the LORD; may I never forget the good things he does for me. He forgives all my sins and heals all my diseases. He redeems me from death and crowns me with love and tender mercies. He fills my life with good things.... **Psalms 103:2-5**

THREE GRATEFUL STATEMENTS

I know every good thing I have comes from God.

I will not let what I want rob me of what I have.

I will turn every blessing I have into praise.

"Gratitude turns what we have into enough."

"It's not happy people who are grateful. It's grateful people who are happy!"

"Until Christ is all you have, you won't realize Christ is all you need."

Start talking. Find a conversation starter for your group.

- Share the silliest things you complain about. Slow "high-speed" Internet? Broken A/C in your second car?
- Describe someone who bursts with gratitude.

Start thinking. Ask questions to get your group thinking.

- Read Luke 17:11-18. Share some of your favorite observations.
- What is significant about the one leper who returned?
GC Leader: Consider using this question to build context and teach about tensions between Samaritans and Jews, and how Jesus ministered to everyone.
- How are you living like the grateful leper? How are you living like the other nine?
- What do you think greater gratitude could unlock in your life?

Start sharing. Choose questions that create openness.

- Share a thing or a person you're grateful for. Share the story of how it/they came into your life. Do you see God in it?
- Share a job, relationship, or possession that you really want. How is your desire affecting your view of what you have?
- Think back. What are some blessings you didn't realize or didn't turn into praise? Share your newfound praise.
- In the message Pastor Jeff said, "blessings not turned into praise can turn into pride." What does that mean? Is there a pride you need to repent of and turn into praise?
- Read the three grateful statements. Which is the hardest to grasp? What's something keeping you from living it?
- What are you planning to do to integrate one or all these grateful statements into your daily life?

Start praying. Be bold and pray specifically.

- God, You are full of wonder. Everything good comes from You. From the most beautiful sunset to my best idea, You thought of it all. Then, despite our failure to praise You only, You sent Jesus to save us. Teach us to always praise You. Thank You! In Jesus' name, thank You!

Start digging. Read Scripture about being grateful.

Psalms 118:22-24

1 Thessalonians 5:15-18

Psalms 136

Colossians 3:15-20

Start doing. Commit to a step and begin living it this week.

- Write at least two thank-you notes this week: one to God and one to someone who's blessed you.
- Write a seven-day list with a different blessing you'll praise God for each day.

I'M GRATEFUL

Now on his way to Jerusalem, Jesus traveled along the border between Samaria and Galilee. ¹² As he was going into a village, ten men who had leprosy met him. They stood at a distance ¹³ and called out in a loud voice, "Jesus, Master, have pity on us!" ¹⁴ When [Jesus] saw them, he said, "Go, show yourselves to the priests." And as they went, they were cleansed. ¹⁵ One of them, when he saw he was healed, came back, praising God in a loud voice. ¹⁶ He threw himself at Jesus' feet and thanked him—and he was a Samaritan. ¹⁷ Jesus asked, "Were not all ten cleansed? Where are the other nine?" ¹⁸ Has no one returned to give praise to God except this foreigner?" Luke 17:11-18

THREE STATEMENTS THAT WILL HELP YOU CHOOSE GRATITUDE

I KNOW EVERY _____ GOOD _____ THING I HAVE COMES FROM _____ GOD _____.

Every good and perfect gift is from above... James 1:17

NOTES: _____

I WILL NOT LET WHAT I _____ WANT _____ ROB ME OF WHAT I _____ HAVE _____.

Better what the eye sees than the roving of the appetite....
Ecclesiastes 6:9

...For I have learned to be content whatever the circumstances. ¹² I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. ¹³ I can do all this through [Christ] who gives me strength.

Philippians 4:11-13

NOTES: _____

I'LL TURN EVERY _____ BLESSING _____ I HAVE INTO PRAISE _____.

I will praise you as long as I live, and in your name I will lift up my hands. ⁵ I will be fully satisfied as with the richest of foods; with singing lips my mouth will praise you. Psalm 63:4-5

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NOTES: _____

REFLECTION

Share a job, relationship, or possession you really want. How does your desire affect your view of what you have?

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