

KEY SCRIPTURE:

Mark 6:30-43 – see your Bible for complete passage.

Genesis 3:9 But the Lord God called to the man, “Where are you?”

Revelation 20:12 And I saw the dead, great and small, standing before the throne, and books were opened. Another book was opened, which is the book of life. The dead were judged according to what they had done as recorded in the books.

Matthew 11:28-30 “Come to me, all you who are weary and burdened, and I will give you rest.²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.³⁰ For my yoke is easy and my burden is light.”

Start Reading: Mark 6:30-43

Start Talking. Find a conversation starter for your group.

- Restore Church is a church plant that partners to start new churches across the country. What are your thoughts on multiplying Gospel Communities and Church Planting?

Start Thinking. Ask a question to get your group thinking.

- What part of the message did God use to impact you most?
- What are the three lessons from Mark 6:30-43?
- Read Genesis 3:1-11. How is accountability rooted in God’s design since creation and why is accountability a healthy component of Christian life?
- Jesus regularly took His disciples away to rest like He did in Mark 6:31-32? What is the spiritual purpose of rest? How do we sometimes distort rest from its spiritual purpose?

Start Sharing. Choose a question to create openness.

- What are some ways Jesus and His disciples displayed readiness in Mark 6:33-43? How can we model a similar readiness in our daily life and ministry?
- Consider the three Biblical truths: be accountable, be rested, and be ready. On a scale of 1-10, how well do you rate the rhythm of your life to regularly live out each one?
 - Accountability: 1 - - - - 5 - - - - 10
 - Rest: 1 - - - - 5 - - - - 10
 - Readiness: 1 - - - - 5 - - - - 10
- Pause and praise God for the area you are doing well. Pray for help to grow in the area that needs some work.

Start Praying. Pray this prayer in your own words over the person next to you!
Father in Heaven, thank you for making us part of something more than what we can easily see. Thank you for the Body of Christ and the ministry we get to share with brothers and sisters across the world. Help us to grow in our place in the body of Christ through our own accountability, rest, and readiness. Grow us in all of these areas, please. In Jesus’ name, amen!

Start Doing. Commit to a step and live it out this week.

- Remember the pattern: conviction, surrender, breakthrough. Pray that God gives you that in every area you need to grow in life and faith.
- Do not try to master all three areas from this week’s study. Pick one and work to grow in that one area. Remember your motivation as well. Your goal is not to get better just to get better. Your goal is to grow in your relationship with Jesus through living out biblical truth and to grow in your ministry of helping others grow closer to The Lord.